

4 Week  
Mini  
Session

# Fall Hockey 2020

## IceLand Ice Arena Hockey Program

8435 W. Ballard Road Niles, IL 60714 (847) 297-8010



Resident Registration: August 31  
Open Registration: September 1



### ROOKIE RANGERS

This is our most basic hockey class that is designed for beginner skaters with an interest in playing hockey. Skills covered in this class involve all basic skating skills-push & glides, stops, turns, backwards skating and crossovers. Sticks and pucks are introduced into each class to give the children a "taste" of playing hockey. Enrollment is limited.

- ◆ **Pre-Requisite:** Player must possess basic skating skills and be able to stand and glide on the ice without assistance. Players will need their own equipment for this class. Full equipment is required.

<u>Code:</u>	<u>Sec.:</u>	<u>Age:</u>	<u>Time:</u>	<u>Day</u>	<u>Date: (4 weeks)</u>	<u>Fee:</u>
333317	01	5-7	2:00-2:30 pm	Sat	09/12-10/03	Res \$38 / Non-Res \$48
333317	02	8-13	2:00-2:30 pm	Sat	09/12-10/03	Res \$38 / Non-Res \$48
333317	03	5-7	1:00-1:30 pm	Sun	09/13-10/04	Res \$38 / Non-Res \$48
333317	04	8-13	1:00-1:30 pm	Sun	09/13-10/04	Res \$38 / Non-Res \$48
333317	05	5-7	1:45-2:15 pm	Sun	09/13-10/04	Res \$38 / Non-Res \$48
333317	06	8-13	1:45-2:15 pm	Sun	09/13-10/04	Res \$38 / Non-Res \$48
333317	07	5-7	5:00-5:30 pm	Wed	09/09-09/30	Res \$38 / Non-Res \$48
333317	08	8-13	5:00-5:30 pm	Wed	09/09-09/30	Res \$38 / Non-Res \$48



### POWER RANGERS

Power Rangers is the next progression in the Niles Park District hockey school after successful completion of Rookie Rangers. This class covers skating at an intermediate level, as well as offering instruction on other skills of the game, including puck handling, passing and shooting. We strongly encourage players who have joined a Rangers team to continue to work on their individual skill development by taking a Power Rangers class. Enrollment is limited.

- ◆ **Pre-Requisite:** Successful attainment of skills that are taught in Rookie Rangers, with the approval of the hockey instructor or hockey director. Players will need their own equipment for this class. Full equipment is required.

<u>Code:</u>	<u>Sec.:</u>	<u>Age:</u>	<u>Time:</u>	<u>Day</u>	<u>Date: (4 weeks)</u>	<u>Fee:</u>
333319	01	6-8	7:05-8:05 pm	Thurs	09/10-10/01	Res \$76 / Non-Res \$95
333319	02	9-14	7:05-8:05 pm	Thurs	09/10-10/01	Res \$76 / Non-Res \$95

Please read our updated rink guidelines that are located on our website, for the new rules that will need to be followed when attending a Niles Park District clinic.



### **STICKHANDLING, PASSING & SHOOTING CLINIC**

This class will cover the basics of protecting the puck, moves and fakes, stickhandling and passing. This class will also go over proper shooting technique for wrist and backhand shots. Players will have the opportunity to work on passing and shooting situations that they will see in games. For example, the players will work on knowing when to “open up” and how to properly execute a successful net drive. Enrollment is limited.

- ◆ **Pre-Requisite:** Must have completed one session of Power Rangers, or will be competing on a team for the Fall season. Players will need their own equipment for this class. Full equipment is required.

<u>Code:</u>	<u>Sec.:</u>	<u>Who:</u>	<u>Time:</u>	<u>Day</u>	<u>When: (4 weeks)</u>	<u>Fee:</u>
333318	01	Ages 8-11	7:05-8:05 p.m.	Tues	09/08 - 09/29	Res \$76/ Non-Res \$95
333318	02	Ages 12-16	7:05-8:05 p.m.	Tues	09/08 - 09/29	Res \$76 / Non-Res \$95



### **Adult Clinic**

This clinic is designed for beginner and intermediate level players over 16 years old. Full equipment is required for the clinic. The structure of this clinic will be drills that will focus on developing each player’s skills.

- ◆ **Pre-Requisite:** Must have full equipment and possess basic skating skills. Players will need their own equipment for this class.

<u>Code:</u>	<u>Sec.:</u>	<u>Who:</u>	<u>Time:</u>	<u>Day</u>	<u>When: (3 weeks)</u>	<u>Fee:</u>
433304	01	Ages 16 & up	9:45-10:30 p.m.	Mon	09/14 - 09/28	Res \$44/ Non-Res \$55

IceLand is currently using contactless registration. As a result, please email your registration form and waiver to the Hockey Director at [alex@niles-parks.org](mailto:alex@niles-parks.org). If you have any questions about a clinic, please call the Hockey Office at (847) 297-8010.

