

## Summer Blast Blade Camp



## **Program Information**

## What your child will need for camp/training:

- OPEN TOED SHOES ARE NOT ALLOWED AT ICELAND EVER.
- Lunch & Snack—Skaters should pack a lunch each day. There is no guarantee the concession stand will be open.
- Water Bottle
- Skatos
- **Proper skating attire** for Ice Skating. (No Jeans or Shorts allowed on the ice.)
- Extra Jacket
- Well constructed gym shoes that tie, for outside activities, <u>no sandals.</u>

  Cross training shoes are suggested. Flat shoes with no support will cause injuries.
- Socks
- Exercise mat
- Small towel
- Jump rope (Plastic, work out type jump rope)
- Skating program music for practice time. (If the skater has a program)
- Snacks and Drinks
- Extra Money, If your child wants to purchase items from concessions. THERE IS NO GUARENTTEE THE CONCESSION STAND WILL BE OPEN. Please plan accordingly. We do not allow the skaters to buy junk food while at camp.
- Sunscreen for activities outside.
- Special items for theme days. Information to come.
- Summer Blast Blade Campers will go to the pool on Wednesdays and Fridays weather permitting. Please send towels, swim suits, and whatever else the skaters feel they need for the pool. All skaters will be mandatory swim tested on their first pool day.
- Ballet slippers (optional)
- Jazz Shoes (optional)
- Skaters may bring cell phones with them. They may remain in their bags for the duration of camp. If there is an emergency please call the rink directly at 847-297-8010.

\*Any skater without proper shoes or skating attire will not be allowed to participate in activities for their safety.