

# SUPER CHARGED SUMMER TRAINING PROGRAM



NILES PARK DISTRICT—ICELAND

9 weeks of  
training  
available.

## Summer Session:

June 12, 2017 through  
August 11, 2017.

Registration Begins May  
8, 2017.

\*2 Week  
Non-Refundable deposit  
is due at time of  
registration.

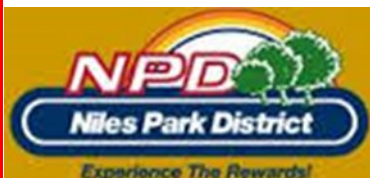
\*Register by June 5,  
2017 and receive a \$25  
discount off your last  
weeks payment.

\*10% Discount for  
second skater from  
immediate household  
who is registered for the  
same package and days.

\*10% Discount if paid in  
full at the time of  
registration.

\*There will not be  
refunds for missed days.

Phone: 847-297-8010  
E-Mail: Aforbes@niles-parks.org



\*We reserve the right to change,  
combined, or, cancel any programs  
based on enrollment.

## Summer Training for Freestyle Skaters!

- For skaters passed ISI FS 4 or USFS Pre Juvenile
- There will be no "Super Charged" Classes 7-3-17 and 7-4-17

5 Day Per Week Program, 8 Weeks Total: Weekly payment plan available.

(40 Total Days)

- 5–30 Minute On Ice Classes Per Week
- 5–30 Minute Off Ice Classes per week.
- 5–60 Minute Off Ice Classes per week.

Resident Rate: \$1080.00 Weekly payment=\$135.00

Team IceLand Gold Member Rate: \$1090.00 Weekly Payment= \$136.25

Non Resident Rate: \$1188.00 Weekly Payment = \$148.50

3 Day Per Week Program, 8 Weeks total: Weekly payment plan available.

(24 Total Days)

- 3 -30 Minute On Ice Classes Per Week
- 3–30 Minute Off Ice Classes Per Week
- 3–60 Minute Off Ice Classes per week.

Resident Rate: \$736.00 Weekly Payment = \$92.00

Team IceLand Gold Member Rate: \$746.00 Weekly Payment = \$93.25

Non Resident Rate: \$816.00 Weekly Payment= \$102.00

On Ice Classes will consist of Power Skating, Edge Class, Ice Dance, and Interpretive/Choreography.

30 Minute Off Ice Classes will consist of Off Ice Jumping and Stretch Class.

60 Minute Off Ice Classes will consist of Ballet, Floor Barre, Conditioning, Jazz, and Yoga.

5 Day—8 Week  
Program Code

333225

3 Day—8 Week  
Program Code

333222

**Freestyle Sessions** will be available immediately before “Super Charged” classes begin. Skaters may purchase freestyle ice in three ways.

- Monthly Unlimited Freestyle Passes (\$225 per month, guarantees you a spot on every freestyle session and is the best value if you skate 6 or more hours of freestyle ice per week.)
- Freestyle Punch Card (\$9 per hour)
- Freestyle Walk On (\$10 per hour)

**All skater must have passed ISI FS 4 level within the Niles IceLand Skate School or have passed the USFS Pre Juvenile Freeskate test.**

**Monday and Friday only, skaters who have passed the ISI FS 1 level within the Niles IceLand Skate School and are enrolled in the Summer Blast Blade Camp may register for these days.**

Open Freestyle Sessions precede the below schedule. Please see summer freestyle schedule for more information.

All skaters must indicate the days they plan to attend classes. Snacks must be provided by the skaters.

Skaters must also supply jump ropes, good gym shoes, ballet slippers, yoga mat, and water bottle daily.

Classes will be available as a la carte pre paid class rate. Pre paid means paid for by the start of the Summer session on June 11th.

**A la carte Rates: Prepaid by 6-11-17.**

1/2 Hour Class—Resident—\$10 TI Gold Member—\$12 Non- Resident—\$14

1 Hour Class— Resident—\$19 TI Gold Member—\$21 Non-Resident— \$24

**Walk On Class Rates: Paid after 6-11-17 or day of class.**

1/2 Hour Class—Resident—\$12 TI Gold Member— \$14 Non- Resident—\$16

1 Hour Class— Resident—\$21 TI Gold member—\$23 Non-Resident— \$26

<u>Time</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<b>9:10am-9:40am</b>	On Ice Class	On Ice Class	On Ice Class	On Ice Class	On Ice Class
<b>9:50am-10:50am</b>	Off Ice Class	Off Ice Class	Off Ice Class	Off Ice Class	Off Ice Class
<b>11am-11:30am</b>	Off Ice Class	Off Ice Class	Off Ice Class	Off Ice Class	Off Ice Class

**Niles IceLand**  
 8435 W. Ballard Rd.  
 Niles, IL. 60714  
 847-297-8010  
 Aforbes@niles-parks.org

\*Type of class each day subject to change.

\*Classes may be split based on enrollment.

\*We reserve the right to change, combined, or, cancel any programs based on enrollment.

\*No classes July 3 or July 4, 2017.