



Niles Park District 847-297-8010

IceLand's Skate School Update 8th Edition



Dates & Discounts to Remember...

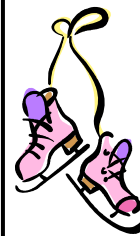
- **Summer LTS testing begins 9th week—** Thursday, 8/11 and Saturday, 8/13
- **Our Synchro Team is recruiting through August 22nd** for the 2011—2012 competitive season. Do you want to know more about our team? All skaters Beta through FS2 are invited to attend one team practice session from 5:00—7:00pm on upcoming Wednesdays including 8/3, 8/10, and 8/17. Participate in off ice and on ice practice with our team members and coaches. \$10.00 visitor's fee. RSVP Karen Perry at least 1 day ahead of time.
- **Buy 1 LTS class, get a second LTS class 1/2 price!**
- **Fall Learn-to-Skate Mini Session Registraton 7/25—8/20**
Timely registration allows us to schedule enough instructors for classes. Sorry, \$5.00 late fee after 8/20.
- **Fall Learn-to-Skate 6 week Mini Session Dates—** 8/22—10/1 (we do not conduct testing for 6 week mini sessions.)
- **"Team IceLand," our ISI Recreational Skating Club, kick off meeting—**Thursday, Sept. 22, 7:00—8:00pm or Saturday, Sept. 24, 12:00—1:00pm. Choose one!
- **Ice show Mandatory Soloists' Meeting. Please see Amy!** Thursday, Sept. 22, 8:00pm or Saturday, Sept. 24, 1:00pm. Choose one!
- **ISI Fall Seminar Skaters and Coaches Tracks—** October 2 at Robert Crown Ice Arena. Watch for more info!



ISI -Tests Passed - USFS

3-17-11 thru 7-30-11

PreAlpha	Prepre MIF
Kalyn Zwik	Ashley McManus
Alpha	Amanda Soto
Nicole Hotca	Prepre FS
Beta	Amanda Soto
Nicole Hotca	Prelim MIF
Julia Sudie	Angelina Guiliano
Silver Freestyle	Amanda Soto
Emily Jarzabek	Prejuv MIF
Kathy Sliwinski	McKenzie Liboy
	Juvenile FS
	Sarah Kohout
	Interm Sup MIF
	Gina Cline
	Sarah Kohout
	Interm FS
	Gina Cline



Show Time!

May 18-20, 2012

**Shrek
The Icicle**

Choosing a Private Coach

Private lessons benefit everyone. Whether to master skills, perform in recitals and shows, or participate in competitions, here's how to get started:

- Ask your child which class instructors they like
- Watch our coaches giving private lessons
- Fill out a Private Lesson Request Form. You may request a particular instructor, or the Director will help you choose one!

Love to Skate? Try our Specialty classes! Something for everyone!

Parent/Tot: Children ages 3-5 and a parent learn the basics of skating through games, songs, and having fun.

Teen/Adult: Skating fundamentals are presented sequentially at each skater's pace for a fun filled on ice experience!

Skate Into Synchro: PA2 - FS1 skaters learn to skate as a team. Lines, circles, blocks, pass throughs and more!

Alpha—Delta Power: PreAlpha 2 through Delta. Begin the development of strength, stamina, and edge quality.

Power & Style: FS1 and up. Improve edge quality and power while developing artistry and presentation with music.

Bag O' Tricks: FS1 & up. Learn fun interesting maneuvers, great for shows that aren't in Learn-to-Skate levels.

Axel Workshop: FS3 & up, with or without an axel. 1/2 hour on ice, 1/2 hour off ice to land & then perfect that axel.

Dance/Ballet & Jazz ages 6—10 -OR- Dance 2 Ballet & Jazz ages 11 and up or instructor approval: Learn balance, technique, & artistry of dance for polished on ice performances.

Off Ice Conditioning: Ages 8 & up or instructor approval. Develop core strength and stability, balance, explosive power, and flexibility for powerful on ice performances.

Off Ice Stretch: In a safe & supervised environment gain full body flexibility for incredible on ice maneuvers!

For up-to-date info on Learn-to-Skate classes, specialty classes, private lessons, freestyle, ice show, camps, or synchro, please check the bulletin boards located next to the Skate School Office.