

Private Skating Lesson Request Form

Now that you have decided to take private lessons. Please complete this form and turn it in to the skating director aforbes@niles-parks.org. You will be contacted in a prompt manner.

Remember: Private lessons are a great way to learn quickly while having fun, but they also require commitment from the student, coach and parent. Once you have your lesson day and time, please make sure to exchange telephone numbers and e-mail addresses with your instructor and communicate possible delays or cancellation with them directly. All instructors have their own policy's regarding late arrival and missed lessons, so you will want to check with your specific instructor. Most will charge you for no-show lessons, full fee's for lessons even when late, and consultation time. Our instructors are all on tight schedules and no one wants to waste time or money. Please remember your instructor is an independent contractor while teaching a private lesson. They must hold liability insurance as such naming Niles IceLand as additionally insured. All of our instructors have been back ground check not only by our park district but also by our professional organizations for the safety of our customers.

Keep in mind that you can discontinue your lessons or make a change in instructors at any time. It is very important, though, to make your intentions known before missing a lesson and/or before switching or adding a new instructor. Not only is this a courtesy, but it is also helps to lessen any misunderstanding between staff and customers. Our staff will not take on a student until the balance with the previous coach has been paid. Thank you for your cooperation.

Date: _____ Best way to contact you? _____

Skater's Name: _____ Age: _____ Skating Level: _____

Parent's Names: _____

Email Address: _____

Street Address: _____

Home Phone Number: _____ Cell Number: _____

Skaters level: _____

Is your skater presently enrolled in learn to skate classes?

Yes _____ No _____

Name of class: _____ Day/Time: _____

I am interested in...

_____ Short-term for improving skills required for class

_____ Regular/Weekly arrangement

_____ Long-term/ possibly for testing and competition

Please take a look at our freestyle schedule and public skate schedule

(if you are Tot-Alpha Levels) and give us several options of what

day time may work for you to come for a private lesson.

Instructor preferences: if any: _____

If you do not have preference a qualified instructor will be given your contact information

by the skate school director and then the instructor will contact you directly.

Questions/Comments: _____



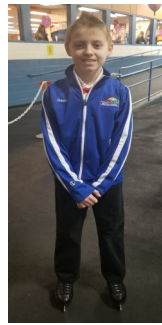
* Niles IceLand * 8435 W. Ballard Rd. *

* Niles, IL. 60714 * Phone: 847-297-8010 *

aforbes@niles-parks.org

Private Lesson

Instructors



- To work on the more difficult skills within a class level or improve hockey skating skills
- To progress more rapidly through personalized training and individualized attention
- To prepare for group lesson testing
- To prepare for testing and earn a recognition patch with in the Ice Sports Industries (ISI) or Learn to Skate USA programs.
- To prepare for and to have a coach assisting you at local and/or national, ISI or LTS USA recreational competitions.
- To test and compete with in the United States Figure Skating (USFS) organization
- To help prepare you to skate with one of our teams
- To earn or prepare for an ice show or holiday show solo/duet/trio.
- To help you reach your skating potential
- IceLand has a highly qualified, certified, and experienced coaching staff.
- All staff members are background check by the park district and our professional organizations.
- Because it is FUN!

Private Lesson Instructors



Nadia Castillo, Instructor

Coaching: New to Coaching
ISI Professional Member
Safe Sport Compliant

CPR and First Aid Certified

USFS Gold Medalist Moves In the Field

Pre Gold Ice Dance

USFS Novice Freeskiate

ISI Freestyle 8

USFS International Synchronized Skating Competitor

Solo Performer in 2021 Ice Semble' Chicago Annual Show



Jelena Stankovic, Instructor

Coaching: New to Coaching Private Lessons

Instruction for learn to skate skaters looking to improve class skills.

Currently a Health Science (BS) Student at DePaul University, Chicago, IL. - Graduation Fall 2025

ISI Professional Member

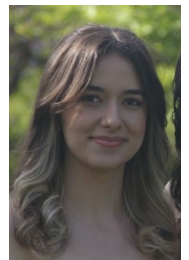
CPR and First Aid Certified

Personal Skating Accomplishments:

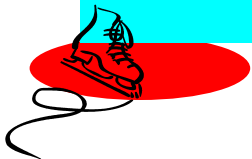
USFS Gold Medalist—Skating Skills

USFS Bronze Singles

ISI Freestyle 6



Private Lesson Instructors



Martha Torres, Instructor

Coaching: 17 Years

Instruction in Learn to skate skills and Recreational Skating

ISI Professional Member

ISI Bronze Judges Certification

BA Elementary Education—Judson University, Elgin, IL.

MA—Curriculum and Instructions—Concordia University, River Forest, IL.

Bilingual Certification—St. Francis University

Special Education Certification—University of Phoenix

Safe Sport Compliant

CPR and First Aid Certified



Kathy Sliwinski, Instructor

Coaching: 9 years

Instruction in Freestyle, Recreational, and Off-Ice Conditioning

PhD—Nursing—University of Pennsylvania, PA.

MS—Bioethics—University of Pennsylvania, PA.

BS—Nursing (BSN) – University of Michigan, Ann Arbor, MI

ISI Professional Member

USFS CER and Safe Sport Compliant

Passed ISI Freestyle 8

CPR and First Aid Certified



How Do Private Lessons Work?



Private lessons are a great way to learn quickly while having fun. As with any learning situation, a student may progress more rapidly because of the one-on-one focused attention.

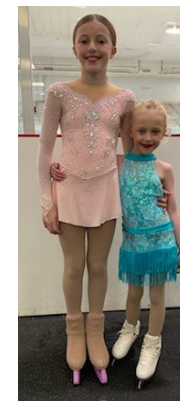
Each instructor acts as an independent contractor and sets his/her own rate. Instructor fees are dependent on the experience, teaching credentials and professional accreditations. Generally, the range is \$25-\$40 per half hour. Lessons may be 15, 20, 30 or 60 minutes in length depending on scheduling and age/attention span of the skater. Students pay the coach directly for the lesson and pay the ice arena for the use of the ice.

You will want to arrange your lesson for a convenient time.

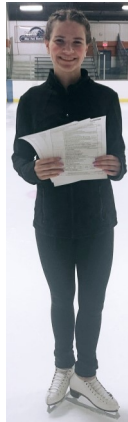
Lessons may be scheduled on the many freestyle sessions the ice arena offers. Only those skaters in the Tot through Alpha level may schedule a lesson on a public skate time. If, at anytime, it seems unsafe for a lesson to be given at a public skate time said lesson may need to be stopped. Special arrangements may be made with the skating school director to have a lesson on a non-prime public skate time. Only Niles IceLand staff are welcome to teach a private lesson on any public skate time. Guest coaches must be see the skating director, complete paperwork, and be approved before using freestyle sessions at IceLand.

There are special rules for a skater taking lessons on a scheduled freestyle session. If the skater is in the Beta level or below he/she must be accompanied by a coach on a freestyle and must exit the ice following his/her lesson. Skaters in Gamma or above may remain on a freestyle without a coach as long as they understand the rules of the freestyle sessions. Exceptions will be made for Niles IceLand programs such as summer camp.

Skaters may purchase an hour freestyle or a half hour of freestyle time. Skaters may also pick their hour or half hour within the scheduled freestyle times for some sessions. All skaters must sign in and pay before



Private Lesson Instructors



Now that you have read over the material and have decided that you would like to begin private lessons, what's next?

Please see the following suggestions:

1. Determine your skating goals.

Do you want just a few lessons so that you can pass your learn to skate class or do you want weekly lessons?

Are you wanting to test and/or compete within the Ice Sports Industries (ISI) structure?

Do you want a solo in the holiday recital or spring ice show?

Are you looking to become more competitive and test and compete within the United States Figure Skating structure?

Do you want to improve your skating skill to be on a hockey team?

2. Inquire about our instructors experience, accreditations, and teaching specialties.

When possible observe them teaching in class and private lesson situations. Many times parents ask for their skaters group class instructor because he or she is familiar with their skater. Sometimes that person is a great fit but before making that request we still recommend checking out all of our highly qualified instructors. When in doubt the skating director can help lead you down the best path.

Private Lesson Instructors



Julia Sudie, Instructor

Coaching: 8 Years
Instruction in Freestyle, Choreography, Competitive, Recreational, and Skating Skills
BA in Photography from Columbia College Chicago
PSA CER Certified
USFS CER and Safe Sport Compliant
ISI Gold Judge Certification
USFS Gold Medalist in Moves in the Field
CPR and First Aid Certified

Chelsea Ridley, Instructor

Coaching: 15 years
Instruction in Choreography, Uncaptured Maneuvers, Dance (Hip hop, Modern, Jazz, Caribbean), LTS, Competitive, Freestyle, Spins, LTS Hockey
ISI Professional Member
Safe Sport compliant
ISI Gold level Judge
PSA CER Certified
Personal achievements:
Passed USFSA Senior MIF & Freeskate
Passed ISI Freestyle 8
Senior Level Competitor
Youngest Cast Member of the professional show Ebony On Ice
Featured and skated on the TV Echappees Belles aired in France
Guest Skater in several ice arena shows.
Principal performer Universoul Circus
Star of the future award winner Sun Valley Open 2016
Ladies Line Captain Disney on Ice World's Of Enchantment
Principal Performer Disney on Ice Dream Big
AIT Chicago member
Line Captain and Movement artist for Brownbody
Social media influencer (Hiphopicequeen) Brand Ambassador for Aurora Tights and Ridelle
CPR and First Aid Certified



Private Lesson Instructors



Angela Como, Instructor

Coaching: 12 Years

Instruction in Freestyle, Choreography, Competitive, Recreational, Skating Skills, and Hockey
BS in History Education and Dance Performance from Illinois State University

Endorsements in PE Education and Health Education from Northeastern Illinois University

PSA CER Certified

PSA Ratings in: Moves in the Field (Registered) and Group Instruction (Certified)

Safe Sport Compliant

ISI Gold and Team Judge Certification

USFS Gold Medalist in Moves in the Field and Freestyle

Regional and Collegiate National Competitor

Professional Show Skater with Holiday on Ice

Current American Ice Theatre Company Member, Assistant Director, and Instructor

Ballet for Figure Skaters Certified Instructor

CPR and First Aid Certified



Getting Started and Selecting a Coach



3. Now you are ready to complete the PRIVATE LESSON REQUEST FORM on the last page of this document. Turn it in at the front counter and the skating director will pass it on to one of our qualified staff.

4. Get ready to have fun and progress in the sport of skating. Whether your goal is learning how to stop, becoming a figure skater or hockey player, or just getting some exercise. The IceLand Skate School Staff will help make it happen!

Sara Darbyshire, Instructor

Coaching: 18 Years

Instruction in Freestyle, Skating Skills, competitive & recreational figure skating.

Masters of Arts in Teaching - High school and middle school math and science

BS in Biological science from Northern Illinois University in Dekalb, Il.

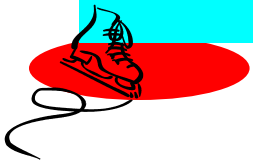
USFS CER and Safe Sport Compliant

ISI Gold and Team Judges Certification

CPR and First Aid Certified



Private Lesson Instructors



Amy Forbes, Skating Director

Coaching: 29 years
Instruction in Singles (Freestyle),
Skating Skills (Moves In the Field)
Choreography, Competitive, Recreational,
Team Skaters, & Hockey Skating Skills
MA—Sports Leadership-Concordia University,
River Forest, IL
BA—Dance Technique Applications—Northeastern Illinois University,
Chicago, IL
USFS Core Certified Coach
PSA Master Rated Skating Director & Group
PSA Senior Rated Singles (Formerly Freeskate)
PSA Certified Rated Skating Skills (Formerly Moves in the Field)
PSA Certified Rated Choreography
Safe Sport Compliant
ISI University Certification of Arena Programming and Skating Director
ISI Instructor Training Core, Intermediate, and High Certifications
ISI Gold, Team, and Referee Judges Certification
USA Hockey Level 4 Certified
10 Years Professional Ice Show Performer and Choreographer
Coached skaters through USFS Gold Freestyle, Gold Moves in the Field,
Gold Freedance, and ISI Freestyle 9
CPR and First Aid Certified
Current ISI District 8/9 Director

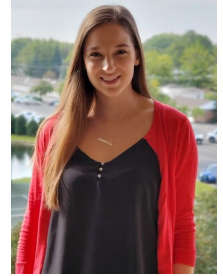


Private Lesson Instructors



Gina Cline-Mosson, Assistant to the Skating Director

Coaching: 16 years
Instruction in Freestyle, Skating Skills, Competitive,
Recreational, & Team Skaters
MA - Coaching Sport Performance, Western Michigan
University
BA – American Studies, Dominican University
PSA Certified Ratings – Group Instructor
USFS CER and Safe Sport Compliant
PSA Registered Rating— Skating Skills (Formerly Moves in the Field)
ISI University Certification - Skating Director
ISI Gold and Team Judges Certification and District 8 Referee
ISI Instructor Training Core, Intermediate, and High Certifications
CPR and First Aid Certified



Denise Dublinski, Instructor

Coaching: Over 20 years
Instruction in Freestyle, Skating Skills, Choreography,
Competitive, Recreational, & Team Skaters
MA Educational Technology - Concordia University,
River Forest, IL
MA Educational Leadership - Concordia University,
River Forest, IL
BA—Special Education—Illinois State University, Normal, IL
Nationally Board Certified Teacher
PSA Rated Group Instructor
USFS CER and Safe Sport Compliant
ISI District 8/9 Referee
ISI Gold and Team Judges Certification
ISI Instructor Training Core, Intermediate, and High Certifications
CPR and First Aid Certified

