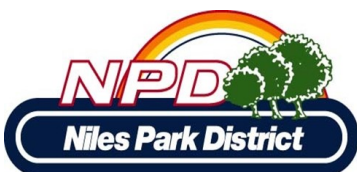




## **Important Note!**

**At IceLand we follow the policies of the Professional Skaters Association. It is based on the philosophy that parents and skaters are the decision makers regarding the "purchase" and "hire" of private lesson services. Our staff is cooperative and open. If you feel that you have been approached by one of our staff or by a guest/visiting professional for the purpose of soliciting your skater for private lessons, please contact our skating director. We at IceLand follow strict policies regarding the hiring and changing of coaches. For more detailed information please see our skating director.**

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*Experience The Rewards!*

# **How do Private Lessons Work?**



Private lessons are a great way to learn quickly while having fun. As with any learning situation, a student may progress more rapidly because of the one-on-one focused attention.

Each instructor acts as an independent contractor and sets his/her own rate. Instructor fees are dependent on the experience, teaching credentials and professional accreditations. Generally, the range is \$22-\$35 per half hour. Lessons may be 15, 20, 30 or 60 minutes in length depending on scheduling and age/attention span of the skater. Students pay the coach directly for the lesson and pay the ice arena for the use of the ice.

You will want to arrange your lesson for a convenient time. Lessons may be scheduled on the many freestyle sessions the ice arena offers. Only those skaters in the Tot through Alpha level may schedule a lesson on a public skate time. If, at anytime, it seems unsafe for a lesson to be given at a public skate time said lesson may need to be stopped. Special arrangements may be made with the skating school director to have a lesson on a non-prime public skate time. Only Niles IceLand staff are welcome to teach a private lesson on any public skate time. Guest coaches must be see the skating director, complete paperwork, and be approved before using freestyle sessions at IceLand.

There are special rules for a skater taking lessons on a scheduled freestyle session. If the skater is in the Beta level or below he/she must be accompanied by a coach on a freestyle and must exit the ice following his/her lesson. Skaters in Gamma or above may remain on a freestyle without a coach as long as they understand the rules of the freestyle sessions. Exceptions will be made for Niles IceLand programs such as summer camp.

Skaters may purchase an hour freestyle or a half hour of freestyle time. Skaters may also pick their hour or half hour within the scheduled freestyle times. All skaters must sign in and pay before entering the ice.

Please see the back of this sheet for more details...



# Getting started and selecting a coach!



Now that you have read over the material and have decided that you would like to begin private lessons, what's next?

Please see the following suggestions:

## **1. Determine your skating goals.**

Do you want just a few lessons so that you can pass your learn to skate class or do you want weekly lessons?

Are you wanting to test and/or compete within the Ice Sports Industries (ISI) structure?

Do you want a solo in the holiday recital or spring ice show?

Are you looking to become more competitive and test and compete within the United States Figure Skating structure?

Do you want to improve your skating skill to be on a hockey team?

## **2. Inquire about our instructors experience, accreditations, and teaching specialties.**

When possible observe them teaching in class and private lesson situations. Many times parents ask for their skaters group class instructor because he or she is familiar with their skater. Sometimes that person is a great fit but before making that request we still recommend checking out all of our highly qualified instructors. When in doubt the skating director can help lead you down the best path.

**3. Now you are ready to complete the PRIVATE LESSON REQUEST FORM.** You may pick one up at the front counter or from the skating director. Turn it in at the front counter and the skating director will pass it on to one of our qualified staff.

## **4. Get ready to have fun and progress in the sport of skating.**

Whether your goal is learning how to stop, becoming a figure skater or hockey player, or just getting some exercise. The IceLand Skate School Staff will help make it happen!