

Spring Hockey 2025

Iceland Ice Arena Hockey Program

8435 W. Ballard Road Niles, IL 60714 (847) 297-8010



"INTRO TO" ROOKIE RANGERS

is provided. Players who have their own equipment are also welcome into this class! Enrollment is limited.

An opportunity to try out our Rookie Rangers class for a very little investment. This class is for novice level skaters with an interest in playing hockey. All basic equipment (skates, shin-guards, elbow pads, gloves, helmet/facemask and stick)

◆ **Pre-Requisite:** Players should have prior skating experience.



Code	Sec	Age	Day	Time	Dates (1 day)	Res/Non-Res
233301	01	5-8	Wed	5:00-5:30 p.m.	03/19	\$10 / \$15
233301	02	9-13	Wed	5:00-5:30 p.m.	03/19	\$10 / \$15



ROOKIE RANGERS

each child a "taste" of playing hockey. All basic equipment (skates, shin-guards, elbow pads, gloves, helmet/facemask and stick) is provided. Players who have their own equipment are also welcome into this class! Enrollment is limited.

Our most basic hockey class. Designed for beginner skaters with an interest in playing hockey. Skills covered in this class involve all basic skating skills: push & glides, stops, turns, backwards skating and crossovers. Stick and pucks are used in class to give

No class April 19-20 and April 28-May 4

◆ **Pre-Requisite:** Complete Intro Class and gain approval of hockey instructor, or posses basic skating skills and be able to glide. Players must have good balance and should be past marching.

Code	Sec	Age	Day	Time	Dates	Res / Non-Resident
233302	01	5-8	Sat	2:00-2:30 p.m.	3/29-6/7	\$99 / \$124 (9 weeks)
233302	02	9-13	Sat	2:00-2:30 p.m.	3/29-6/7	\$99 / \$124 (9 weeks)
233302	03	5-8	Sun	1:00-1:30 p.m.	3/30-6/8	\$99 / \$124 (9 weeks)
233302	04	9-13	Sun	1:00-1:30 p.m.	3/30-6/8	\$99 / \$124 (9 weeks)
233302	05	5-8	Sun	1:45-2:15 p.m.	3/30-6/8	\$99 / \$124 (9 weeks)
233302	06	9-13	Sun	1:45-2:15 p.m.	3/30-6/8	\$99 / \$124 (9 weeks)
233302	08	5-8	Wed	5:00-5:30 p.m.	3/26-6/4	\$110 / \$138 (10 weeks)
233302	09	9-13	Wed	5:00-5:30 p.m.	3/26-6/4	\$110 / \$138 (10 weeks)



POWER RANGERS

Power Rangers is the next progression after successful completion of Rookie Rangers. This class continues to cover skating at an Intermediate level, as well as offering instruction on other skills of the game, including puckhandling, passing and shooting. We strongly encourage players who play on a Rangers team to continue to work on their individual skill development by taking this class. **No Classes: April 28-May 4**

◆ **Pre-Requisite:** Successful attainment of skills that are taught in Rookie Rangers, and approval of Niles hockey instructor or Hockey Director. Players must provide their own equipment for this class.

Code	Sec	Age	Day	Time	Dates (8 weeks)	Res / Non-Res
233303	01	6-8	Thursday	7:05-8:05 pm	4/10-6/05	\$176 / \$220
233303	02	9-14	Thursday	7:05-8:05 pm	4/10-6/05	\$176 / \$220
233303	03	6-8	Tuesday	7:05-8:05 pm	3/18-5/13	\$176 / \$220
233303	04	9-14	Tuesday	7:05-8:05 pm	3/18-5/13	\$176 / \$220



BODY CONTACT & SHOOTING Clinic

This clinic will cover age specific progression of body contact skills. This will include safe ways to play along the boards, using leverage to play the puck, and “heads up hockey”. Body checking, angling and more experienced shooting techniques will be taught to the Bantam level and above players. The U8 mite thru PeeWee level players will work on the proper shooting technique for wrist and backhand shots, stick handling, puck protection, moves and fakes and angling. Both neck and mouth guards are required for this class.

◆ **Pre-Requisite:** Must have completed one session of Power Rangers or have played on a Rangers U8 team or above.

<u>Code:</u>	<u>Sec.:</u>	<u>Who:</u>	<u>Time:</u>	<u>When:</u> 3 weeks	<u>Fee:</u>
233304	01	Ages 12-14	7:05-8:05 p.m.	Thursdays, 03/20-04/03	Res \$66 / Non-Res \$82
233304	05	Ages 8-11	7:05-8:05 p.m.	Thursdays, 03/20-04/03	Res \$66 / Non-Res \$82



GOALTENDING CLINIC

This clinic will use station-based training. It will allow goalies to get maximum repetitions to further their skill development. Goalies will learn and work on their fundamentals, rebound control, proper save selection, recovery and more. Goalies of all levels are welcome. There is a maximum registration of 9 goalies for this clinic.

◆ **Pre-Requisite:** Experience on a team, or the determination to be a goalie on a team. Lender goalie equipment is available to new goalies on a limited basis for an additional fee.

<u>Code:</u>	<u>Sec.:</u>	<u>Who:</u>	<u>Time:</u>	<u>When:</u> 4 weeks	<u>Fee:</u>
233304	06	Ages 7-Up	7:05-8:05 p.m.	Tuesdays, 04/15-05/13	Res \$88 / Non-Res \$110
No Class: 4/29					

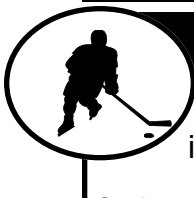


STICK HANDLING, PASSING & SHOOTING

Back by popular demand! This class will cover the basics of protecting the puck, moves and fakes, stick handling and passing. This class will also cover the proper shooting techniques for wrist and backhand shots. Players will have the opportunity to work on passing and shooting situations that they will see in games, such as “opening up” and executing a successful net drive.

◆ **Pre-Requisite:** Experience on a team at the U8 level or above.

<u>Code:</u>	<u>Sec.:</u>	<u>Who:</u>	<u>Time:</u>	<u>When:</u> 3 weeks	<u>Fee:</u>
233304	03	Ages 7-14	7:05-8:05 p.m.	Tuesdays, 05/20-06/03	Res \$66 / Non-Res \$82



Adult Hockey Clinic

This clinic is designed for beginner and intermediate level players 16 years old and over. The structure of the clinic will be drills and scrimmaging. This class needs at least 10 skaters registered in order for it to run. **No Class April 28 and May 26.**

<u>Code:</u>	<u>Sec.:</u>	<u>Who:</u>	<u>Time:</u>	<u>When:</u> 10 weeks	<u>Fee:</u>
233304	07	Ages 16 & Up	9:45-10:45 p.m.	Mondays, 03/17-06/02	Res \$220 / Non-Res \$275

Niles Resident Registration: January 30
Open Registration: February 6-March 20. \$5 late fee after March 20th.
No Classes: April 19-20, April 28-May 4 and May 26
SPECIAL OFFER! Register the same skater for 2 Rookie Ranger or 2 Power Ranger classes in the Spring session, get 50% off second class. Discount is applied to the lower priced class.