

# IceLand Indoor Stick & Puck Hockey Schedule April & May 2021



**Stick & Puck:** Stick & puck sessions are for players of all ages and skill levels. They give players an opportunity to practice hockey skills as needed. **Scrimmages and games are NOT allowed.** All players must wear a helmet, shin pads, long pants (NO SHORTS), skates, and gloves and provide their own stick and puck. Players younger than 18 years old must wear a full cage or shield. No slap shots, fighting or checking permitted. Stick and puck sessions are not supervised on ice. No goalies, sorry.

Indoor Stick & Puck: Monday - Friday 12:00-1:00 PM  
\$11.50/player

**Rat Hockey:** There will be no Rat Hockey or Open Hockey during Phase IV of Restore Illinois.

IDPH Sports Safety Guidelines to be followed. Waiver must be completed for each player. **Face masks must be always worn including while on the ice.** Social distance of six feet must be practiced on the ice. Sessions are limited to 25 players. Players must come dressed in equipment, limit one stick per player and no equipment bags. Indoor seating is available for tying skates. There will be no use of locker rooms, showers, water fill station or penalty boxes. Water bottles must have players name on it and no sharing of any equipment. No walk-ins allowed, must register in advance via email or telephone if prior registration and waiver is on file. Entry into the rink 15 minutes before session and exit immediately after session via designated exit. No spectators allowed in rink, only skaters.

Phone 847-297-8010, [Iceland@niles-parks.org](mailto:Iceland@niles-parks.org) , fax 847-298-5768.

---





## COVID 19 GUIDELINES AND WAIVER AND RELEASE OF ALL CLAIMS

Please read this form carefully and be aware that in signing up and participating in this program you will be waiving and releasing all claims for injuries, illnesses and damages including COVID related symptoms while participating in this program.

### Guidelines

The following guidelines shall apply to all Niles Park District activities while the State of Illinois remains in Tier 1 of Governor Pritzker's Restore Illinois program. The guidelines may be amended or updated from time to time by email notification based upon directives from State or local government or public health officials, guidance from other organizations or other events. New guidelines will be provided, and will be binding on all participants, upon the entry into Phase 4 of the Restore Illinois program. All participants must agree to comply with these or any other guidelines issued by the Niles Park District.

- Any participant who is experiencing any COVID-19 symptoms, including but not limited to fever, aches or respiratory issues, are prohibited from participating in any Niles Park District activities.
- Any participant who has been exposed to anyone having the COVID-19 virus or displaying symptoms of the COVID-19 virus, may not participate in any Niles Park District activities until they have been quarantined for at least fourteen (14) days without exhibiting any COVID-19 symptoms.
- Any participant who learns they have contracted the COVID-19 virus after participating in any Niles Park District activity and who may have exposed other participants must notify the Niles Park District immediately.
- All Niles Park District activities will be limited to 25 or fewer participants.
- Skaters may not share equipment. All players must bring their own equipment.
- Masks and other face coverings must be worn at all times.
- Practice activities shall be conducted in a manner reasonably designed to maintain social distancing where possible.

- Practice activities shall be conducted in a manner reasonably designed to maintain social distancing where possible.
- All participants should bring hand sanitizer to each activity. Sanitizer should be applied at the beginning, the end, and periodically during activities.
- Participants should refrain from touching their faces during activities.
- Participants must clean up after themselves at the end of the activity.
- Participants may not consume snacks during the activity.
- Players should arrive at the rink dressed in their gear and ready to play. Hockey Bags are not allowed in the facility. Indoor seating available for tying skates.
- There are no locker rooms, showers or water fill stations. Players will have a designated area to get their skates on and off inside the facility.
- Spectators are not allowed inside the facility at this time (during Phase 4).
- Spitting will not be tolerated.
- Players must abide by all signage regarding entering and exiting the building in the assigned areas.
  - Players will enter the facility at the IceLand main entrance and stand 6ft apart.
  - Players will exit the facility out our back doors which lead out to our back parking lot (Northeast door on the scoreboard side of the ice)

## Waiver

- I recognize and acknowledge that there are certain risks of physical injury to participants in these programs/activities and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity that my minor child/ward or I may sustain as of result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have as a result of participating in all these programs/activities against the Niles Park District, including its officials, agents, volunteers and employees (here-in after collectively referred as the "District").
- I have read the COVID guidelines above and agree to comply with guidelines as they may be amended from time to time.
- I acknowledge the risk to have contact with individuals, who may have been exposed to and/or have been diagnosed with COVID-19 and it is impossible to eliminate the risk that the participant could be exposed to and/or become infected through contact or close proximity with an individual with COVID-19.
- I do hereby fully release and forever discharge the District from any and all claims for injuries, damages, sickness, illness or loss that my minor child/ward or I may have which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with any programs or activities.
- If registering on-line or via fax your on-line facsimile signature shall substitute for and have the same legal effect as an original form signature.
- Additionally by signing this form, I am certifying that I qualify for the rate charged (i.e. If resident rate was charged, I am/my children are residents of the Niles Park District). If this is proven untrue, I realize that my park district privileges may be suspended or revoked.
- Photos are periodically taken of participants in a class, during a special event or at the District's parks. Please be aware that these photos are for Park District use only and may be used in the District's publications.
- I have read and fully understand the above warning of risk and assumption of risk and waiver and release of all claims. I understand that once registered, there are no refunds for missed sessions or transfer of days.

PLEASE PRINT Participant's Name \_\_\_\_\_

Participant's Signature \_\_\_\_\_ (18 years or older or Parent/Guardian)

DATE \_\_\_\_\_