

NILES PARK DISTRICT INTRODUCES



VINCE THOMAS BASKETBALL TRAINING

★ IT'S MORE THAN JUST A GAME ★



Area of Expertise

Skill development

Physical conditioning

Mental Conditioning/Toughness

In Game Execution



REGISTER at the Howard Leisure Center,
6676 W. Howard St. www.niles-parks.org

QUESTIONS, call 847-967-1529.

Qualifications

Valid Professional
Education License (PEL)

USA Basketball Licensed Coach

Invited to Indiana Pacers &
Minnesota Timberwolves Boston Shaw
NBA Pro Summer League

Played 8 years professionally in Europe

University of Wisconsin-Superior
Athletic Hall of Fame Inductee

West Region National Player of the Year

NABC 1st Team All-American

Illinois Basketball Coaches
Association All-State Team

Former Chicago Bulls/Sox Academy
Training Coach/Lead Trainer



VINCE THOMAS

BASKETBALL TRAINING

★ IT'S MORE THAN JUST A GAME ★

VINCE THOMAS

Director/Lead Player Development Specialist.
Assisting your players with taking their game
to the next level.



SUMMER BASKETBALL CAMP

Ages: 9-14 (Max per age group)

Location: Golf View Rec Center, 7800 N. Caldwell Ave.

| AGE | CODE | DAY | DATE | TIME | R/NR |
|-------------------------|----------------------|----------------------|-----------------------|---------------------------|------------------------|
| 9-11 | 320307-01 | Mon-Fri | July 11-15 | 8:30-9:30 am | \$135/\$150 |
| 12-14 | 320307-02 | Mon-Fri | July 11-15 | 9:40-10:40 am | \$135/\$150 |
| *9-11, 12-14 | 320307-03 | Mon-Fri | July 11-15 | 10:50-11:50 am | \$135/\$150 |
| | | | | | |
| 9-11 | 320307-04 | Mon-Thurs | July 18-21 | 8:30-9:30 am | \$108/\$120 |
| 12-14 | 320307-05 | Mon-Thurs | July 18-21 | 9:40-10:40 am | \$108/\$120 |
| *9-11, 12-14 | 320307-06 | Mon-Thurs | July 18-21 | 10:50-11:50 am | \$108/\$120 |
| | | | | | |
| 9-11 | 320307-07 | Mon-Fri | July 25-29 | 8:30-9:30 am | \$135/\$150 |
| 12-14 | 320307-08 | Mon-Fri | July 25-29 | 9:40-10:40 am | \$135/\$150 |
| *9-11, 12-14 | 320307-09 | Mon-Fri | July 25-29 | 10:50-11:50 am | \$135/\$150 |

FALL BASKETBALL CLINICS

Ages: 9-14 (Max per age group)

Location: Golf View Rec Center, 7800 N. Caldwell Ave.



VINCE THOMAS
BASKETBALL TRAINING
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SESSION I

| AGE | CODE | DAY | DATE (4 weeks) | TIME | R/NR |
|--------------|-----------|----------|----------------|--------------|-------------|
| 9-11 | 420309-01 | Monday | Sept 12-Oct 3 | 4:30-5:30 pm | \$110/\$130 |
| 12-14 | 420309-02 | Monday | Sept 12-Oct 3 | 5:40-6:40 pm | \$110/\$130 |
| *9-11, 12-14 | 420309-03 | Monday | Sept 12-Oct 3 | 6:50-7:50 pm | \$110/\$130 |
| | | | | | |
| 9-11 | 420309-04 | Tuesday | Sept 13-Oct 4 | 4:30-5:30 pm | \$110/\$130 |
| 12-14 | 420309-05 | Tuesday | Sept 13-Oct 4 | 5:40-6:40 pm | \$110/\$130 |
| *9-11, 12-14 | 420309-06 | Tuesday | Sept 13-Oct 4 | 6:50-7:50 pm | \$110/\$130 |
| | | | | | |
| 9-11 | 420309-07 | Thursday | Sept 15-Oct 6 | 4:30-5:30 pm | \$110/\$130 |
| 12-14 | 420309-08 | Thursday | Sept 15-Oct 6 | 5:40-6:40 pm | \$110/\$130 |
| *9-11, 12-14 | 420309-09 | Thursday | Sept 15-Oct 6 | 6:50-7:50 pm | \$110/\$130 |

SESSION II

| AGE | CODE | DAY | DATE (4 weeks) | TIME | R/NR |
|--------------|-----------|----------|----------------|--------------|-------------|
| 9-11 | 420309-10 | Monday | Nov 28-Dec 19 | 4:30-5:30 pm | \$110/\$130 |
| 12-14 | 420309-11 | Monday | Nov 28-Dec 19 | 5:40-6:40 pm | \$110/\$130 |
| *9-11, 12-14 | 420309-12 | Monday | Nov 28-Dec 19 | 6:50-7:50 pm | \$110/\$130 |
| | | | | | |
| 9-11 | 420309-13 | Tuesday | Nov 29-Dec 20 | 4:30-5:30 pm | \$110/\$130 |
| 12-14 | 420309-14 | Tuesday | Nov 29-Dec 20 | 5:40-6:40 pm | \$110/\$130 |
| *9-11, 12-14 | 420309-15 | Tuesday | Nov 29-Dec 20 | 6:50-7:50 pm | \$110/\$130 |
| | | | | | |
| 9-11 | 420309-16 | Thursday | Dec 1-Dec 22 | 4:30-5:30 pm | \$110/\$130 |
| 12-14 | 420309-17 | Thursday | Dec 1-Dec 22 | 5:40-6:40 pm | \$110/\$130 |
| *9-11, 12-14 | 420309-18 | Thursday | Dec 1-Dec 22 | 6:50-7:50 pm | \$110/\$130 |

Players Say...

"When I first started VTBT I was just an average player trying to get better. Over the years Vince really taught me how to be an effective scorer with using less and less dribbles. He kept my handles tight and taught me plenty of combo moves while also showing me when to use them so I'm not over dribbling. He pushes anyone no matter the age or the talent level. Vince wants to see everyone improve. He throws a lot of competition work inside the drills which keeps from slacking off during the training. He's a great trainer where if the player won't cheat him he won't cheat you. And later you will see results in your game." Shawn P.J. Pipes/UW-Green Bay & Santa Clara University, by way of Lemont HS, IL.

"VTBT was the best training because it worked on our overall game and also made you better at your weaknesses. My jump shot was always there but my ball handling and shooting off the dribble was always a little iffy. With VTBT, we worked on the little fundamental things that made me better at both of those. It prepared me well for college with the 3-point line being farther and being able to do the little things on offense and defense. It really made me better with picking a couple moves to master. Vince taught us to push yourself in order to get better each and every workout and don't take any shots off. Each rep matters and always do things right. VTBT really prepared me well for college and it is showing early in the season." Denis Alibegovic/Georgia State University, by way of Downers Grove South IL.

Coaches & Parents Say...

"Coach Vince took our 4 win team and turned us into a 20- 1 team in one season, plus 2 tournament championships. Vince has an incredible basketball knowledge and is even better at teaching it to kids. He has great energy and the kids really respond to him well and it shows in their play." Tony R.

"Vince Thomas is among the best and most passionate coaches my son has had the opportunity to train with over the years. Coach Vince has a love for the game of basketball, and instills that passion in his players. He has the knowledge that is needed to raise the basketball IQ of each kid he coaches, but allows kids to enjoy the experience as well. Just like my son, your child will greatly improve their skills working with Coach Vince!" Franco C.

"The impact that Vince Thomas Basketball Training has had on both of my daughter's basketball development has been enormous. Not only has it improved their skill level greatly but it has also built their confidence." Stan M.

For more information on the VTBT Program, visit-

Website: www.niles-parks.org

Phone: 847-967-1529

PROGRAM REGISTRATION FORM



Primary Household Contact (Last) _____ (First) _____

Address _____ City/State _____ Zip _____

Home Phone _____ Cell Phone _____

Please check if you need special accommodations to participate in this program Email _____

| Program Code | Program Title | Total Fee Due | Registrant's First Name | Age | Birth Date | Grade | School Attended |
|--------------|---------------|---------------|-------------------------|-----|------------|-------|-----------------|
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Total Fees

Email registration to robin@niles-parks.org

METHOD OF PAYMENT:

- Cash American Express
 Check MasterCard
 Visa Discover

Name: _____ Exp. Date: _____
(as it appears on card)

Card Number:

Signature: _____ Amount: _____

A self-addressed envelope must be enclosed in order to receive a receipt.

Remit to: Niles Park District Registration
 6676 W. Howard St.
 Niles, IL 60714

WAIVER AND RELEASE OF ALL CLAIMS Please read this form carefully and be aware that in signing up and participating in this program you will be waiving and releasing all claims for injuries you might sustain arising out of this program.

Please read this form carefully and be aware that in signing up and participating in the above identified programs/activities, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with said programs/activities (including transportation services/vehicle operation, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in these programs/activities, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in all these programs/activities against the Niles Park District, including its officials, agents, volunteers and employees (here-in after collectively referred as "District").

I do hereby fully release and forever discharge the District from any and all claims for injuries, damages, or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with these programs/activities.

If registering on-line or via fax, your on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature.

Additionally, by signing this form, I am certifying that I qualify for the rate charged (i.e. If resident rate was charged, I am/my children are residents of the Niles Park District). If this is proven untrue, I realize that my park district privileges may be suspended or revoked.

Photos are periodically taken of participants in a class, during a special event or at the District's parks. Please be aware that these photos are for Park District use only and may be used in the District's publications.

I have read and fully understand the above important, warning or risk, assumption of risk and waiver and release of all claims.

PLEASE PRINT Participant's Name _____

Participant's Signature _____

(18 years or older or Parent/Guardian) Date _____

PARTICIPATION WILL BE DENIED if the signature of adult participant or parent/guardian and date are not on this waiver.